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HOW TO USE THIS eWORKBOOK

The **Think About Me** eWorkbook is thematic and packed with stimulating activities for **ages 4 - 6**. It contains a detailed parent's guide and 12 eWorksheets, designed to promote higher order thinking skills. The open ended eWorksheets require decision making and problem solving.

THE PARENT'S GUIDE

The parent's guide provides a wealth of stimulating activities to further enrich the child's thinking and learning. Each eWorksheet is accompanied with warm-up and follow-up activities, designed to equip parents with professional teaching ideas.

THE eWORKSHEETS

- are designed to provoke thinking
- invite children to make decisions and think for themselves
- are open-ended with more than one "right" answer
- conclude with a think task, encouraging a higher level of thinking


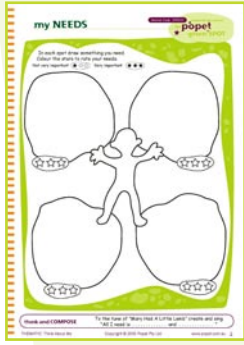
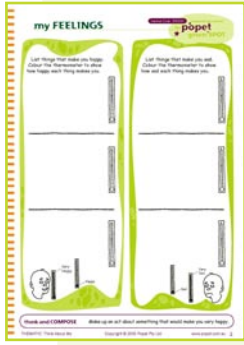

PARENT TIPS

- Carefully read the instructions to the child.
- Offer praise and encouragement for all efforts made by the child.
- Propose the think tasks while out shopping, during dinner, while driving or in the bath.
- Include older siblings or adults in the think tasks to promote broader thinking.

PRINTING TIPS

- It is not necessary to print the cover, introduction and parent's guide. These pages can be read and revisited on your computer screen. To save paper and printing costs, print only the eWorksheets; pages 1-12.
- The eWorksheets are designed to be printed in either colour or black (grayscale).
- If the eWorksheets do not print correctly, refer to printing help and tips in the Adobe® Reader® software.



Page & Title	eWorksheet Objectives	Targeted Thinking Skills	eWorksheet Warm-up	eWorksheet Follow-up
<p>1 - My Licence</p> 	Identify personal characteristics.	<ul style="list-style-type: none"> Recall Relate Formulate 	Look at family members' credit cards and licences and identify personal information on the cards. Ask the child to compare the similarities and differences between the personal characteristics.	Show the child a passport and identify recorded information. Ask the child to make his or her own passport.
<p>2 - My Needs</p> 	Differentiate between needs and wants and evaluate personal needs.	<ul style="list-style-type: none"> Identify Assess Compare Decide Rate 	Brainstorm the needs and wants of a new born, a teenager and an adult. Ask the child to give examples of the way our needs change as we grow.	Pose the question "If you could have three wishes, what would you wish for?" Encourage the child to discuss and justify choices made.
<p>3 - My Feelings</p> 	Describe situations that change personal feelings.	<ul style="list-style-type: none"> Identify Compare Evaluate Rate 	Read a fairy tale with a happy ending. Ask the child to change the ending and make it sad.	Recall a happy day that the family has had. Help the child write about that day. Include drawings or photos of the day.
<p>4 - I Am Special</p> 	Identify personal strengths and abilities.	<ul style="list-style-type: none"> Compare Assess Rank Select Decide 	Talk about your abilities, strengths and weaknesses. Ask the child to prepare a short speech about his or her qualities and abilities. Record the child's speech and play it for the child.	Discuss qualities and abilities of family members and friends. Ask the child to make awards for family members and friends, focusing on personal qualities and abilities.

In each spot draw something you need.
Colour the stars to rate your needs.

Not very important (★☆☆) Very important (★★★)

think and COMPOSE

To the tune of "Mary Had A Little Lamb" create and sing
"All I need is and"